

INSPIRATIONAL
INTERIOR DESIGN

Staffing for
Profitability

LEARN FACIAL
ACUPRESSURE

How and
What to Retail

*NEW Australian
Spa Statistics*





AVEDA RELEASES ENBRIGHTENMENT

FOR YEARS AVEDA has set the pace in beauty and hair care holistic innovation, their new Enbrightenment range combines results based natural science with great treatments, high retail and holistic social and eco responsibility.

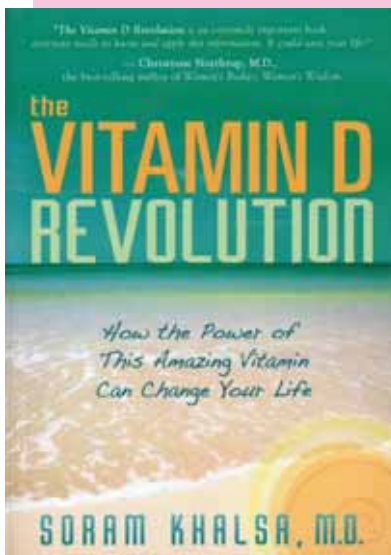
Enbrightenment combines in-Spa, daily and weekly at-home Rituals to both fade and prevent dark spots and discolourations while brightening the whole complexion. All achieved with 99.7% naturally derived ingredients including Vitamin C, glucosamine, brown algae and naturally –derived salicylic acid to name a few, whilst supporting supplier communities along the way such as:

- Sandalwood Oil – sourced from the Mardu indigenous community in WA, providing a sustainable economic base for the community and assuring responsible sourcing and harvesting for Aveda.
- Certified organic rose geranium oil sourced from 30 organic farms throughout South Africa allowing local families to return to their villages, reclaiming their land and their livelihood.

Good stuff! To stock Aveda call 1300 300 054 or visit www.aveda.com.au



THE VITAMIN D CONUNDRUM



YOU MAY BE aware that there is a body of evidence accumulating that indicates that many of our epidemic modern diseases may be assisted in their virulence by the deficiency of Vitamin D in our bodies. We tell our clients to 'avoid the sun at all cost' for the sake of their skin and then we

are told Vitamin D deficiency can contribute to cancer development! What to do? Pick up a copy of the *The Vitamin D Revolution* by Soram Khalsa MD. Voted by his peers as 'Best Doctor' in the USA – champion of integrative medicines - Dr Khalsa, known as the 'wise sage', has produced this wonderfully simple little book that helps us to understand the why, what and when of Vitamin D and how to use it to help ourselves and our clients stay beautiful and above all 'healthy'. ISBN 978-4019-2470-6 Visit www.hayhouse.com.au

Salus Per Aqua Integrity

WHEN MODERN spas were first 'born' we all argued long about the true nature of a 'spa' – if the 'spa' could not 'heal with water' was it a spa at all? The main argument being – can a spa be called such if it doesn't have water therapy? But even if it did – how could water laced with chlorine, bromine, fluoride and more, be 'healing'? Few spas, especially in our part of the world, could offer the true source of the term 'healing through water' – mineral water. Now every spa can. Five years in development Magnapool can now enable every spa to offer – healing through water – even if it is only via the feet and in body treatments. The Magnapool - Magnesium Mineral Science Therapy turns the retreat, resort or spa pool into Mineral Water, enables every bath to deliver Magnesium Therapy and every spa to perform Magnesium Science Therapy with simple, yet profoundly effective treatments, with take home products to continue the good health benefits.

Check it out...an idea whose time has come! www.magnapool.com

The international award-winning new innovation in water science.



German
Gold Wave
Award
2007



Australia
Award of
Excellence
2008 (QLD)



Australia
Gold
Sustainability Award
2008 (VIC)



Australia Gold
Best New Water
Quality Product
2008 (VIC)



Australia
Innovation
Award
2008 (VIC)



Australia Pool
Technology of the
year-Lifestyle Pools
2009



Imagine if you could collect the natural water that trickles down from the mountains or that falls from the skies. Extract the natural minerals of Magnesium & Potassium from the ocean and blend them together. You would have a pure, rejuvenating and odourless mineral rich water that is gentle and invigorating for you to swim and bathe in.

Imagine no longer as a new innovation in water science is here that is ultimately better for your health, beauty and the environment.



Mineral water for swimming pools and hydrotherapy

magnesium + aromatherapy body products | water therapy + spa treatments

Rejuvenate your spa resort or health and wellness retreat with the "Mineral Science Therapy"

philosophy to restore the mind, body and spirit.



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